THE TOWN OF LOS ALTOS HILLS SPRING-SUMMER 2016

# ACTIVITY GUIDE



#### REFERENCE

Did You Know Committee Vacancies	1 1
Committee Facanoice	
YOUTH ACTIVITIES	

Spring Break Riding Camp	2
Summer Riding Camp	2
Birthday Parties at Westwind	2
Green Bean Kidz	3
Ohlone Camp	3
Playgroup for Families	4
Preschool Playgroup Adventures	4
Cantabile Youth Singer's Summer Camp	5
Live Action Flix	6
Imagination Flix	6
Intro to Java using Minecraft	6
Los Altos/Los Altos Hills Little League	7
San Francisco Giants Baseball Camp	7
Soccer Camps	7
Shoreline Youth Summer Camps	8
Shoreline Aquatic Classes	9
Architecture Design Camp	10
Safe Sitter	10
Big Buzz About Bees	11

### **ALL AGES**

Bee Beautiful	1:
Lip Balm Making Workshop	1:
Backyard Beekeeping	13

### **ADULT/SENIOR ACTIVITIES**

Fun and Fitness	12
Bodyweight Boot-camp	12
Pilates – All Levels	13
Pam's Yoga Fitness	13
Dog Obedience Training	14
Los Altos Hills Dog Park	14
Senior Smart Driver Course	14
Transportation Options for Seniors	14
Recyclables Processing Tour	1
Free Notary Service	1
Greentown Los Altos	1
Acterra Party for the Planet	1

#### **EVENTS**

16
16
16
17
17
18
18

### **COMMUNITY ASSETS**

Pathway System	18
Donor Wall	19
Los Altos Senior Center	19
Los Altos/Los Altos Hills Chamber of Commerce	19
Los Altos Library	19
Los Altos Hills Horsemen's Association	19
Westwind 4-H Riding	20
Year Round Riding Program	20
Boarding at Westwind Community Barn	20
Registration Form	21
Recreation Facilities & Open Space Map	22
Field Rental	22



#### **Los Altos Hills City Council**

John Harpootlian, Mayor Gary Waldeck, Vice Mayor Courtenay C. Corrigan, Council Member John Radford, Council Member Roger Spreen, Council Member

#### **City Manager**

Carl Cahill 26379 Fremont Road Los Altos Hills, CA 94022 650-941-7222





### Parks and Recreation Department:

Sarah Gualtieri Community Services Supervisor 650-947-2518

Krystel Malimban
Parks and Recreation Intern
650-947-2506

### Parks and Recreation Committee

Scott Vanderlip, Chair Elizabeth Hitchner, Vice Chair Kathy Evans Val Metcalfe Patty Radlo Champa Sreenivas Julia Zarcone

Parks and Recreation Committee meetings are held on the third Monday of every month from 6:00 – 7:30 pm.

The Los Altos Hills Parks and Recreation Activity Guide is a bi-annual publication, mailed and delivered to residents of Los Altos Hills. Businesses or entities referenced in this brochure do not constitute an endorsement by the Town of Los Altos Hills.

If you would like to receive this Activity Guide please visit: www.losaltoshills.ca.gov and opt in under the recreation tab or call 650-947-2518.





### **Summer Riding Camp at Westwind Community Barn**

real barn experience, this program focuses on responsible, considerate care of horses. Each rider is assigned to his or her horse for the week, resembling the responsibility and fun of horse ownership. Graduates of summer camp have moved into Pony Club and Olympic-level instruction. We offer quality ponies, pony club curriculum, a low student to instructor/assistant ratio in a park-like setting, with horse games and a horse show on the last day of camp. For more information please contact Victoria Dye Equestrian at 650-941-6113 or ridewithVDE@gmail.com.

Early drop off available, please contact ridewithvde@gmail.com. Kids must bring lunch. Discount: Valid only for one camper signing up for multiple sessions or a sibling discount in the amount of \$20 off the second session.



#### **Spring Break Camp**

4/11 - 4/15 Dates: Days: Monday - Friday Time: 9:00 am - 1:00 pm Location: Westwind Community

Barn

\$375 Residents Fees:

\$395 Non-Residents

#### **Beginner**

Riders with little or no riding experience or have participated in less than 10 hours of mounted instruction.

Beginner 1: 6/13 - 6/17Beginner 2: 6/20 - 6/24Beginner 3: 6/27 - 7/1Beginner 4: 7/4 - 7/8

Time: 9:00 am - 1:00 pm

#### Intermediate 1

Suitable for students who have completed at least one week of beginner camp.

Dates: 7/11 - 7/15

Time: 10:00 am - 3:00 pm

#### Intermediate 2

Suitable for students who are comfortable at walk, trot and have begun cantering.

Dates: 7/18 - 7/22Time: 10:00 am - 3:00 pm

#### Advanced

Students must be able to jump course at the trot or canter.

Dates: 7/25 - 7/29Time:

10:00 am - 3:00 pm

6 and up

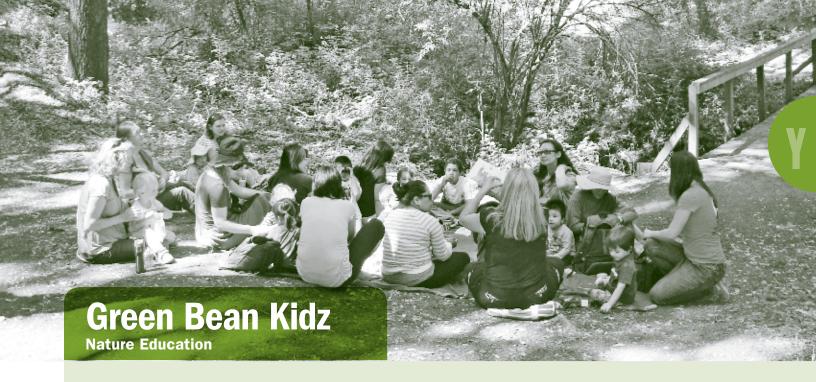
Beginner 5 Day Camp Fees: \$395 Non-Residents

\$475 Residents Intermediate and Advanced Camp Fees: \$495 Non-Residents

> ictoria Dye Equestrian can host your birthday party or celebration. Children will get to groom and ride the horses. Parties are offered for children ages 5 and older, are one hour in length with a minimum of five riders and maximum of 10. For more information and to book please contact Victoria Dye Equestrian 650-691-5276 or ridewithVDE@gmail.com.

Fee: \$40 per rider

**COMMUNITY BARN** 



reen Bean Kidz is an outdoor education program for children and their accompanying adults that meets once a week in different local parks and open spaces. The program also encompasses music, art, science, games, hiking and movement all geared toward learning about nature and ecology. Parents are required to attend the preschool program, and strongly encouraged to attend the after school program.

For more information please contact Ellen at greenbeankidzellen@gmail.com or check www.greenbeankidz.com for updates. A \$15 materials fee is due the first day of class.

Fees: \$140 Residents \$154 Non-Residents

**SPRING - Session 1** 

4/26-5/31 Dates: Day: Tuesdays

9:30 - 11:00 am Time:

2 - 6Ages:

4/26-5/31 Dates: Day: Tuesdays

3:30 - 5:00 pm Time:

Ages: 5 - 10

4/27 - 6/1Dates: Wednesdays Day:

9:30 - 11:00 am Time:

2 - 6Ages:

Dates: 4/27 - 6/1Day: Wednesdays 3:30 - 5:00 pm Time:

5 - 10 Ages:

SUMMER – Session 2

6/14 - 7/26 (No Dates:

Class 7/5)

Day: Tuesdays 9:30 - 11:00 am Time:

Ages: 2 - 6

Dates: 6/14 - 7/26 (No

Class 7/5)

Tuesdays Day: Time: 3:30 - 5:00 pm

5 - 10 Ages:

Day: Wednesdays

Time: 9:30 - 11:00 am

Ages: 2 - 6

Dates:

Dates: 6/15 - 7/27 (No

Class 7/6)

Class 7/6)

6/15 - 7/27 (No

Wednesdays Day: Time: 3:30 - 5:00 pm

Ages: 5 - 10

### **Ohlone Camp**

his unique, active outdoor half-day camp experience teaches children about Ohlone culture as they learn about the history of the land, wildlife and their local environment here in Los Altos Hills. Camp activities include climbing, hiking, Ohlone running and throwing games, digging for pigment rocks, picking grasses for art projects and learning to play using objects and tools founds in nature. Woven through all the activities is the Ohlone perspective: how they lived on the land, what they ate and what they thought of the wildlife around them.

Session 1: 8/8 - 8/128/15 - 8/19Session 2: Time: 9:00 am - Noon **Byrne Preserve** Location:

6 - 12Ages:

\$150 Residents Fees:

\$164 Non-Residents

#### **CIT – Counselor in Training**

Training and Orientation will be setup directly with CITs and Ellen prior to the start of camp!

Session 1: 8/8 - 8/12Session 2: 8/15 - 8/19

Time: 8:45 am - 12:15 pm

Ages: 13 +

Fees:

\$85 Residents \$99 Non-Residents

### Playgroup for Families

eet other Los Altos Hills families with young children! It is not always easy to connect with other families in your community, but it can be so helpful those first few years. Get to know your neighbors! Our park playgroup members range in age from just a few weeks on up to age 5. This playgroup is hosted each week by a Parks and Recreation Committee member. Playdates are subject to cancelation due to weather or illness. Please join the LAH Moms Facebook Group (see below under "Parenting Resources") for the most up-to-date information.

Playdates are subject to cancelation due to weather or illness. Please join the LAH Moms Facebook Group (see below under "Parenting Resources") for the most up-to-date information.

Dates: 3/9 - 6/15 Location: Shoup Park, 400 University Avenue, Los Altos

Day: Mondays Age: Newborn through Pre-Kindergarten

Time: 3:30 – 5:00 pm Fee: Free

### Preschool Playgroup Adventures

They are notorious for asking How? What? Where? When? Why? We love the questions preschoolers ask all the time. We are thrilled to continue our series of tours to help preschoolers understand the inner workings of our community. Parents or guardians must attend these free tours.



#### **Tour Westwind Barn**

An exciting opportunity for your preschooler to learn how our town-run Westwind Barn works! Join us for a special, one-time, behind the scenes tour of the barn.

Date: 4/5
Day: Tuesday

Time: 10:00 – 10:30 am

Ages: 3 - 6

Location: 27210 Altamont Road, Los Altos Hills

Fee: Free



#### **Tour Los Altos Veterinary Clinic**

Learn how a vet's office operates - take a look at all the equipment used, watch the Vet examine a cat and look inside a dog (just kidding, check out an x-ray of one!). Limited to 16 participants.

Date: 5/3 Day: Tuesday

Time: 10:00 – 10:30 am

Ages: 3 - 6 yrs

Location: 440 First Street, Los Altos

Fee: Free



El Monte Fire Station Tour 4/25/15

#### NEW!

#### **Tour Smitten Ice Cream**

Visit an ice cream shop! Join us for this delicious tour, learn how ice cream is made, and leave with a kid's scoop of your favorite flavor!

Date: 5/13Day: Saturday Time: 1-1:30 pm Ages: 3-6

Location: Whole Foods Market, 4800 El Camino

Real

Fee: Free

To register email

LAHpreschooltours@gmail.com. Please indicate which tours you are interested in attending, the number of preschoolers and number of accompanying adults.

#### PARENTING RESOURCES Recommended by fellow Los Altos Hills resident

**LAH Moms (Los Altos Hills Moms)** is a Facebook Group where parents get together to discuss everything from local schools to which sippy cups won't leak in your bag. Weekly hikes on the gorgeous Los Altos Hills Pathways system are currently hosted on Tuesday mornings. Email Nina Sutaria at bactant@gmail.com for more information, or request to be added at https://www.facebook.com/groups/899127683500402/.

Silicon Valley Toddler is a blog with a lot of fantastic information and reviews of local resources for kids. http://svtoddler.blogspot.com/

**BAAF (Bay Area Attached Families) Facebook Group** has been a lifeline when it comes to parenting difficulties. It is AP-leaning, but it has members whose philosophies vary widely. Attachment parenting (AP) is a parenting philosophy based on the principles of attachment theory in developmental psychology. According to attachment theory, the child forms a strong emotional bond with caregivers during childhood with lifelong consequences. https://www.facebook.com/groups/bayareaattachedfamilies/

### **Cantabile Youth Singer's Singing Summer Camp**



antabile's Singing Summer Camp is taught by Cantabile's Training Division Director, Katie Gerber and Preparatory teacher Jazmine Harnishfeger-Brand with camp counselors from Cantabile Youth Singer's Vocalise Choir and Alumni. Camp features singing, acting, crafts for stage productions and outdoor fun. Participants learn music performance, develop their singing voices and dance and play instruments. Each Friday features a performance for family and friends! For more information please contact the Cantabile office at 650-424-1410 or info@cantabile.org.



#### **Far Away Kingdoms**

Fearless knights, menacing trolls, little mermaids, and more! Hop aboard your dragon and gallop away to myriad of magical Far Away Kingdoms! Through singing, dancing, acting and instrument play, children will interpret different characters, and experience songs and music based upon classic fairytales, legends, myths, and stories. They will also create their own props and sets for our magical performance on the last day of camp!

Date: 7/11 – 7/15 Days: Monday-Friday

#### The Magic of Opera

It's never too soon to start experiencing the amazing and magical world of opera! Under the direction of trained opera singers, children will act out stories from beloved opera tales, learn to sing some of the greatest opera arias and choruses, and create their own props and sets. This will all culminate in their very own action-packed opera production taking place on the last day of camp!

Date: 7/18 – 7/22 Days: Monday-Friday Ages: 6 – 11

Time: 8:30 am – Noon

Location: Los Altos Hills Council Chambers

Fees: \$295 Residents \$309 Non-Residents

\$35 materials fee payable to instructor on

the first day of class

#### **Carnival of the Animals**

Through the stunning music of Saint-Saens' classic suite the Carnival of the Animals, children will gain a deep understanding and appreciation for the Instruments of the Orchestra. Through movement, song, and instrumental improv, they will study and create their own animals leitmotifs and spend the week rehearsing their own mini-play version of The Carnival of the Animals, with additional songs and movement to enhance the different stories. They will also craft together props and masks for the play, and creates their own dioramic scenes depicting one of the movements from the suite.

Date: 7/25 – 7/29 Days: Monday-Friday



### **Live Action Flix By IncrediFlix**

Have a blast making a movie! We'll guide you through "Action" to "That's a wrap" as you brainstorm, location scout, bring in props/costumes, act and direct in a collaborative movie that will be fun for the entire audience. \*Flix downloadable a month after camp ends. For more information, contact us at 949-548-5424 or www.incrediflix.com.

7/5 - 7/8Dates: Davs: Tuesday - Friday 9:00 am - Noon Time:

Ages: 7 - 12

Parks and Recreation Center at Town Hall Location: \$141 Residents plus a \$30 Production Fee Fees:

\$155 Non-Residents plus a \$30 Production Fee

### **Live Action and Imagination Combo Flix By IncrediFlix**

10% discount and lunch supervision provided to those who register for a full day of IncrediFlix camps! \*Bring your own sack lunch For more information, contact us at 949-548-5424 or www.incrediflix.com.

7/5 - 7/8Dates: Tuesday - Friday Days: Time: 9:00 am - 4:00 pm

Ages:

Parks and Recreation Center at Town Hall Location: \$250 Residents plus a \$60 Production Fee Fees:

(\$30 per camp)

\$264 Non-Residents plus a \$60 Production Fee

(\$30 per camp)

### **Imagination Flix By IncrediFlix**

Take your characters underwater or to outer space! In this exciting stop-motion animation camp, there are no limits to where your imagination can take you. You'll brainstorm, create clay characters, choose backgrounds, film your movies, and add voice-overs, while working in age-appropriate groups. \*Flix downloadable a month after camp ends. For more information, contact us at 949-548-5424 or www.incrediflix.com.

7/5 - 7/8Dates: Tuesday - Friday Days: 1:00 - 4:00 pm Time:

7 - 12Ages:

Parks and Recreation Center at Town Hall Location: \$141 Residents plus a \$30 Production Fee Fees:

\$155 Non-Residents plus a \$30 Production Fee

# Introduction to Java using Minecraft mods By TechSmart Academy

■ xplore the world's most common programming language using one of the world's most popular video games. Learn to program in Java and build Minecraft mods! Laptops provided. For more information, visit www.techsmartacademy. com or contact info@techsmartacademy.com

Dates: 6/27 - 7/1Days: Monday - Friday

9:00 am - 4:00 pm (1 hr. lunch break) Times:

Ages:

\$695 + \$20 Materials fee Residents Fees: \$715 + \$20 Materials fee Non-Residents

### Y

### **Los Altos & Los Altos Hills Little League**

os Altos & Los Altos Hills Little League is a non-profit organization offering baseball and softball programs for kids ages 5-14.

Volunteer coaches are trained to provide a fun and positive environment while teaching the game, developing athletic skills, and instilling character and sportsmanship. Little League® is a respected name in youth sports with leagues in more than 80 countries, and has provided an enriching experience for Los Altos and Los Altos Hills families for more than 60 years. Registration for the spring season in the T-Ball divisions (ages 5-7) is open through February 22. Registration for the Fall Ball baseball program (ages 7-11) opens June 1. For more information visit www.losaltoslittleleague.com.

Locations: Purissima Park and North Los Altos Schools

Boys and Girls Baseball Divisions/Ages:

T-Ball: 5 - 7
A: 6 - 8
AA: 7 - 10
AAA: 8 - 11
Majors: 10 - 12
Juniors: 13 - 14

Girls Softball Divisions/Ages:

T-Ball: 5-7Minors: 7-9



## **San Francisco Giants Baseball Camp**

iants Baseball Camps feature the highest caliber staff and are the perfect combination of instruction, competition, and fun! Campers receive an official uniform and spend one day at AT&T Park for a VIP tour and meet and greet with a current or former Giants player. This camp is open to boys and girls. An exclusive \$25 discount is available for Los Altos Hills families by using the code "LAHILLS" when selecting this session. For more information and to enroll, please visit contact 415-800-2014 or visit sfgiantscamps.com.

**FREE CLINIC** 

6+ year olds
Please bring a soccer ball and

10:00 am for Mini Soccer, 3-5 year olds

11:00 am for Half Dav.

5/29

wear shin guards!

Sunday

Date: 8/8 - 8/12Time: 9:00 am - 3:00 pm

Age: 5 - 12

Location: Purissima Park

Fee: \$589

### **British Soccer Camps**

#### **By Challenger Sports**

hallenger Sports provides amazing coaches with cool accents who make learning soccer fun! Challenger Sports coaches soccer skills within a framework of character development based on respect, responsibility, integrity, leadership and sportsmanship. Each participant must bring shin guards, sunscreen, lots of water and a snack and/or lunch each day. Each participant will also receive a camp shirt, a camp ball and a personal player evaluation. For more information visit www.challengersports.com.

#### **First Kicks**

Young players are introduced to game basics through fundamental activities, games and fun soccer challenges. Parents are encouraged to join in and help guide their child through this fun learning experience.

Dates: 6/20 - 6/24 Days: Monday - Friday Time: 9:00 - 10:00 am

Ages: 3-4

Location: Purissima Park
Fees: \$104 Residents
\$118 Non-Residents

#### **Mini-Soccer**

Fun games, competitions and skill-building activities are designed to enlighten and develop budding players.

Dates: 6/20 – 6/24 Days: Monday - Friday Time: 10:00 – 11:30 am

Ages: 4-5

Location: Purissima Park
Fees: \$122 Residents
\$136 Non-Residents

#### Half-Day Player Development Camp

Emphasis is placed upon skill development and mastery of core techniques through individual and small group practices and coached games. This all action camp is the most popular program from Challenger Sports.

Date:

Day:

Time:

 Dates:
 6/20 - 6/24

 Days:
 Monday - Friday

 Time:
 9:00 am - Noon

Ages: 6 – 10

Location: Purissima Park
Fees: \$161 Residents
\$175 Non-Residents

### **Youth Summer Camps at Shoreline**

or each camp, students should bring comfortable clothes, a bathing suit, a jacket or fleece, a towel, lots of sun protection, a lanyard to secure their glasses, a bottle of water, and required non-skid/non-marking shoes to wear while on the boats and boards (they will get WET – tennis shoes, aqua socks, or Teva sandals are ideal). No flip-flops allowed. Students should be at ease swimming and treading water.

It is a good idea to bring a snack or extra money to see your camper through the day. Daily lunch pass and extended care available for purchase the first day of camp. For more information, call (650) 965-7474 or visit our website at www.shorelinelake.com

Location: Shoreline Aquatic Center, 3160 N. Shoreline Blvd, Mountain View, CA 94043

#### **Camp Shoreline**

iscover Camp Shoreline nestled in the heart of Silicon Valley, amidst a wildlife and bird sanctuary, and next to the serene water's edge of 50-acre Shoreline Lake. Our group of talented and exuberant counselors skilled in a range of water sports and land activities will enthuse the young camper into exploring their active and creative sides. Mornings are usually spent learning to kayak, canoe, row or cycle the pedalboats. (Those interested in a learn to windsurf/sail program, see Windsurfing/Sailing Level I and II camps offered.) Afternoons will be spent playing games, participating in craft activities, taking a sailboat ride, hiking in the

Afternoons will be spent playing games, participating in craft activities, taking a sailboat ride, hiking in the natural surroundings, learning about Shoreline Park, birdwatching in its wildlife sanctuary, or even dropping by the historic Rengstorff House museum for a visit. It's enough to engage the energies of the liveliest child!

Age:5-11Session 1:6/13-6/17Fees:\$375Session 2:6/20-6/24Times:10:00am -Session 3:6/27-7/13:00pmSession 4:7/4-7/8

Days: Monday – Friday



#### **Paddle Adventure Camp**

ee what the fuss around Standup Paddleboarding (SUP) is all about! This morning camp offers the best of all paddle sports. Each camper will learn paddle and boating skills required to master a wide range of paddle sports on water as well as on land. Throughout this week-long morning camp campers will work with kayaks, canoes and stand up paddle boards. The Olympic sport of Kayak-polo will also be introduced in this dynamic paddle sports camp. Lunch provided by Shoreline is included with this camp.

6/13 - 6/17Age: 8 - 14Session 1: Session 2: 6/20 - 6/24Fees: \$350 6/27 - 7/1Session 3: Times: 9:00am - 12:30pm 7/4 - 7/8Session 4: Days: Monday - Friday

### **Basic Windsurfing: Level I**

earn to windsurf in a weekend with our certified instructing staff. Students will be up and sailing in a matter of hours regardless of age, strength, and size. After class, students will be ready to rent the equipment and practice their new skills. Students must be comfortable swimming and treading water. Students should be ready to get wet – bring a swimsuit, water shoes/sandals (no flip-flops), sunscreen, towel, and a bottle of water. Course includes all necessary equipment and a text. Contact the Boathouse at 650-965-7474 for more information.

Age: 14+ Fees: \$195

Times: 9:00 am – 1:00 pm Days: Saturday and Sunday

Session 1: 6/18 - 6/19Session 2: 6/25 - 6/26Session 3: 7/2 - 7/3Session 4: 7/9 - 7/10

### **Basic Sailing: Level I**

e'll teach you all the basics to get you out on the water, safely maneuvering your sailboat around the lake. After completing the course students may return at their leisure to rent boats. Students should bring comfortable clothes, a jacket or fleece, a towel and change of clothes, lots of sun protection, a bottle of water, and non-skid/non-marking shoes (no flip-flops). Course includes all necessary equipment and a text. Contact the Boathouse at 650-965-7474 for more information.

Age: 14+ Fees: \$275

Times: 9:00 am – 1:00 pm Days: Saturday and Sunday

Session 1: 6/18 - 6/19Session 2: 6/25 - 6/26Session 3: 7/2 - 7/3Session 4: 7/9 - 7/10

### **Basic Kayaking**

o you dream of exploring pristine rivers or shooting thrilling rapids? Our knowledgeable and experienced staff of instructors will introduce you to this lifetime sport in a matter of hours. Learn stroke techniques, launching and landing, nomenclature, self-rescue, and water safety. Students should bring comfortable clothes, a jacket or fleece, a towel and change of clothes (you will get wet), lots of sun protection, a lanyard to secure their glasses around their heads, a bottle of water, and water shoes or sandals (no flip-flops). Contact the Boathouse at 650-965-7474 for more information.

 Age:
 13+
 Session 1:
 6/11

 Fees:
 \$95
 Session 2:
 7/9

 Times:
 9:00 am - noon
 Session 3:
 8/6

Days: Saturday

### **Stand up Paddleboarding**

earn the basics of paddleboarding and get a great core workout. In your beginning lesson, you will learn techniques to be able to stand up on the board, and paddle with correct technique, all in the safe and calm waters at Shoreline Lake. Students should bring comfortable clothes, a jacket or fleece, a towel and change of clothes, lots of sun protection, a lanyard to secure their glasses around their heads, a bottle of water, and water shoes or sandals (no flip-flops). Contact the Boathouse at 650-965-7474 for more information.

 Age:
 8+
 Session 1:
 6/12

 Fees:
 \$85
 Session 2:
 7/10

 Times:
 10:30 am - noon
 Session 3:
 8/7

Days: Sunday

### **SUP Yoga**

ake your yoga practice outside and on the water. Your mat is a stand up paddleboard; the world is your studio and all the elements have been invited – sun, wind, water, and earth. Enjoy learning while adapting to the motion of the board, the continuous challenge to balance, the instant instability created by minor energy and weight shifts, and the focus required to ground while afloat. Dress in layers as you would come to any yoga class. No Cotton. Sunglasses recommended. Swimsuit if you don't want to get clothes wet. Contact the Boathouse at 650-965-7474 for more information.

 Age:
 8+
 Session 1: 6/12

 Fees:
 \$25
 Session 2: 6/19

 Times:
 9:00 am - 10:15 am
 Session 3: 6/26

 Days:
 Sunday
 Session 4: 7/3





## Architecture Design Camp

ourse introduces and teaches appreciation for Architecture, Interior Design, Landscape Architecture, Structural and Civil Engineering; and Urban Planning by leading professional practitioners. Curriculum will include morning lectures with design modeling exercises and afternoon tours of outstanding local projects. Students will be required to bring laptops in support of the exercises. Open to students who are in grades 9 – 11 at the end of June 2016.

Date: 6/20 - 6/24
Days: Monday - Friday
Time: 8:30 am - 4:30 pm

Location: Neutra House, 181 Hillview

Avenue, Los Altos

Fee: \$400 but no student whose

application is accepted will be turned away due to cost.

Registration: 12 students will be selected based on applications. Email

the Los Altos Community
Foundation for an application
form, neutra@los-altos.
org, or stop by the office at
183 Hillview Avenue, Los
Altos. Applications are due
March 25. Selections will be
announced on April 8.

**Safe Sitter** 



**Cupertino/Los Altos/Los Altos Hills** 



afe Sitter is a training program for students who are interested in becoming childcare providers. This course provides hands-on training in preventing and responding to emergencies, with an emphasis on first aid skills. This course covers infant care, planning age appropriate activities as well as how to manage discipline issues. Students are also taught how to recognize child abuse and handle inappropriate adult behavior. This program is designed for mature-minded students who are serious about developing his or her childcare skills and abilities. Students must be 13-17 years old to take this course and will receive a certification card upon completion of this course. Students will need to bring a sack lunch to class.

Date: 6/14 Day: Tuesday

Time: 9:00 am - 4:30 pm

Location: Hillview Community Center; Room 2,

97 Hillview Avenue, Los Altos

Ages: 13 – 17 Fee: \$35

## **Big Buzz About**

ig Buzz about Bees is an engaging experience that introduces children to the world of bees. Everyone gets a chance to see and touch all the parts of a working beehive as well as beekeeping tools. We'll explore the many jobs that bees do inside and out of the hive and even take a peek inside of a real beehive (bees are completely contained safely behind plexiglass). Parents required to attend.

Session 1: 4/9 7/23 Session 2: Dav: Saturday

Time: 10:00 am - 10:45 am

Session 3: 5/13 Session 4: 6/10 Day: Friday

Time: 3:30 pm - 4:15 pm Location: Westwind Barn

Ages: 3 - 7

Resident Fee: \$20 for first child,

\$10 for each additional

Non-Resident Fee: \$25 for first child. \$15 for each additional

#### NEW!

### **Bee Beautif**

n this hands-on workshop, you'll learn to make luxurious beauty products from all-natural ingredients. Every recipe we will make in class contains honey, which can be used to hydrate skin, lighten skin imperfections, and its natural antibacterial properties can also help clear your skin. Each student will make and go home with 3 different beauty products: Honey & Brown Sugar Body Scrub, Milk & Honey Bath Bombs, Oatmeal & Honey Facial Mask.

Session 1: 4/9 Session 2: 8/6 Day: Saturday

2:00 pm - 3:00 pm Time:

Location: Parks & Recreation Center at

Town Hall

Ages: 10+

\$55 Residents Fees:

\$60 Non-Residents

#### NEW!

### **Lip Balm Making Workshop**

n this hands-on workshop, you'll learn to make your own lip balm with simple tools and all-natural ingredients. Each student will make 5 tubes of lip balm using local beeswax and coconut oil, and you will be able to customize the flavor from a variety of options (all 5 tubes will be the same flavor bring a friend so you can swap flavors after class).

Session 1: 5/14 Session 2: 7/23 Day: Saturday

Time: 4:00 pm - 5:00 pm

Location: Parks & Recreation Center at Town Hall

Ages:

\$40 Residents Fees: \$45 Non-Residents

#### **NEW!**

### **Backyard Beekeeping**

ave you ever wondered what it would take to keep honeybees in your own backyard? This presentation will give an overview of the time, space, cost and equipment needed to start up your own backyard beehive. This is a great introduction for those interested in keeping bees, gardeners, or just people who would like to know a bit more about these little pollinators.

Session 1: 6/4 Saturday Dav:

Time: 9:00 am - 11:00 am

Parks & Recreation Center at Town Hall Location:

12+ Ages:

\$30 Residents Fees: \$35 Non-Residents

#### **Instructor Profile**

Kendal Sager has been a backyard beekeeper since 2011. Kendal keeps a small number of beehives in her hometown of Los Altos, where she was born and raised. She has a passion for teaching and loves sharing her experience through educational talks and events. For more information regarding bees and classes, contact Kendal Sager at www.kendalsbees.com or 650-735-2337.



ome on down and have some fun listening to music and getting fit with friends. This is a class that involves basic everyday movements to improve range of motion, flexibility, muscle strength and balance. Equipment needed: resistance band, 9" mini ball and your choice of dumbbell weight between 1-10 lbs. For more information contact Adam Halper at www.FitnessHalpers.com or 650-479-5955.

**TRY IT OUT** 

Adam offers the first week as a free trial Join at any time, full session not required

Session 3: 3/7 - 3/30Session 4: 4/4 - 4/27Session 5: 5/2 - 5/25Session 6: 5/30 - 6/22Session 7: 6/27 - 7/20Session 8: 7/25 - 8/17Session 9: 8/22 - 9/14Session 10: 9/19 - 10/12

Days: Mondays and Wednesdays
Time: 11:45 am - 12:45 pm
Location: Town Hall Council Chambers

Fees: \$160 Residents \$174 Non-Residents

### **Bodyweight Boot-camp**

re you ready to lose some weight? How about tone up for summer? If you are ready to shed some pounds, increase lean muscle mass and improve overall fitness then gather up some friends because our Boot Camps are perfect for you. We offer total body workouts using just your body weight. Please bring a yoga mat. For more information contact Adam Halper at www.FitnessHalpers.com or 650-479-5955.

Mondays and Wednesdays Session 3: 3/7 - 3/30Session 7: 6/27 - 7/20Days: Session 4: 4/4 - 4/27Session 8: 7/25 - 8/17Fees: \$160 Residents 8/22 – 9/14 5/2 - 5/25 \$174 Non-Residents Session 5: Session 9: 5/30 - 6/22 9/19 - 10/12

Session 6: 5/30 – 6/22 Session 10: 9/19 – 10/12 Time: 6:00 – 7:00 am

Location: Town Hall Council Chambers

Time: 8:45 – 9:45 am

Location: Hillview Multi-Purpose Room, 97 Hillview Avenue, Los Altos

### **Pilates - All Levels**

ork toward your healthier body and happier self! By practicing Pilates you can achieve a number of health benefits. The class is designed to strengthen your core, improve posture, balance and flexibility and tone the entire body from deep within as you are taken through safe exercises that will be both challenging and fun! On top of the body strengthening benefits it is also scientifically proven that Pilates clears your mind, gives you energy and inner serenity.

All ages, all levels appropriate and all you need is mat! The props will be provided, i.e. mini balls and resistance bands. Please wear comfortable clothing.

Session 1: 3/1 - 5/3 (10 weeks) 6/7 - 7/12 (6 weeks) Session 2: Session 3: 7/19 - 8/23 (6 weeks)

Dav: Tuesdays Time: 8:30 - 9:30 am

Location: **Town Council Chambers** 

Session 1 Fees: \$170 Residents

\$184 Non-residents

Session 2 and

3 Fees: \$100 Residents

\$114 Non-residents



Emilia Wysocka-Treder is a certified Pilates Instructor. She became a teacher to spread her passionate love for Pilates. Emilia truly believes this practice has a great health outcome — not only for your body, but also for your mind. She is constantly improving herself as a teacher, therefore, she always has fresh knowledge and new, exciting exercises to share with you! Emilia's classes are filled with humor, and joy. The exercises that she chooses are challenging yet safe for all. She is always there to modify based on your needs! Emilia is very passionate about working toward fulfilling your fitness goals.

### Pam's Yoga Fitness

his course, taught by Pam Walatka, features an invigorating, fun yoga workout influenced by other practices including Pilates and mindfulness meditation. Class meets once a week for eight weeks, 10:15 to 11:30 am. Please bring a yoga mat. For more information email Pam at pamwalatka@yahoo.com or visit www.pamwalatka.com.

3/9 - 4/27Session 2: 5/4 – 6/22 Session 3: Session 4: 6/29 - 8/17Wednesdays Day: 10:15 - 11:30 am Time:

Town Hall Council Chambers Location:

\$105 Residents \$119 Non-Residents



March 1st class is

a free introductory

session with our new

instructor. Come

in and learn about

Emilia's practice and

class style.

#### **Instructor Profiles**

Molly Hughes is owner of Molly's AdobeDogs. She enjoys using fun and positive methods to develop great community dogs.

Marina Egorova studied with, helped, assisted, and taught with Trish Wamsat, former owner of AdobeDogs. Marina is now teaching classes at Molly's AdobeDogs.

**Shanni Hendler** is a certified professional dog trainer who utilizes reward based training strategies. She believes in creating repetition to shape behavior, and communication to strengthen

#### **Los Altos Hills Dog Park**

Town's furry residents have been enjoying the off-leash dog park located on the southwest corner of Elena and Puwrissima Roads since November 2014. Woof!

Location: Southwest corner of

> Elena and Purissima Roads (near Purissima

Park)

Hours: Sunrise to Sunset,

Seven Days a Week

### **Dog Obedience Training**

or dogs five months of age or older. Training introduces basic and intermediate dog training skills. Content includes discussions on responsible dog ownership in today's society. All work will be done on lead unless prior approval received from the trainers to work without a leash. Classes will be taught by staff from Molly's AdobeDogs Dog Training. For more information, contact Molly Hughes at Molly@AdobeDogs.com.

Equipment Notes: 1. Flat buckle collar (other collar choices may be permitted with approval from the trainer). 2. Six-foot leash of leather or fabric. No retractable leads allowed. 3. Please don't feed your dog breakfast the day of class; and, bring lots of small, tasty treats (or a favorite toy) to reward your dog.

Prerequisite for Advanced class: Successful completion of beginner class.

#### **Beginner Classes:**

Session 1: 4/20 - 5/25 6/1 - 7/6Session 2: Dav: Wednesdays Time: 10:15 - 11:15 am

#### **Advanced Classes:**

Session 1: 4/20 - 5/25Session 2: 6/1 - 7/6Wednesdays Dav: Time: 9:00 - 10:00 am

Location: Baseball Field at Hillview

Community Center

97 Hillview Road, Los Altos

Fees: \$70 Residents \$82 Non-Residents



#### **AARP Senior Smart Driver Course**

ARP's Driver Safety programs have focused for 35 years on providing seniors with skills to address frequent senior driving challenges. A workbook and videos will inform the discussions led by an AARP volunteer. Refresh your driving skills and you can be eligible for a multi-year discount on your car insurance. Visit aarp.org/driving15 for more info. Registration is required by March 10 and limited to 30 seniors. Lunch will be served for free to Residents and Los Altos Senior Center Members or for \$10 to all others. For more information contact Karen Lemes at 650-941-0252 or karenlemes@earthlink.net.

3/24 & 3/31 Dates: Day: Thursdays

9:00 am - 1:00 pm Time:

Location: Town Hall Council Chambers \$15 for AARP members

\$20 for non-members

**NEW!** 

#### **Transportation Options for Seniors in Los Altos Hills**

njoy a complimentary picnic lunch followed by a panel of experts discussing transportation options for local seniors. Registration required by June 20 limited to 30 seniors.

Jitze Couperus will chair a panel with representatives from Valley Transportation Agency, City of Palo Alto, Outreach, and a taxi company who will share what is available now and ideas which have worked in other local areas. Examples of options include Mountain View's TimeShare, Mountain View and Palo Alto's shuttle services, and new ride share options. For more information contact Jim Basiji at 650-208-0100 or jimbasiji@gmail.com.

Date: 6/23 Day: Thursday

Time: 11:00 am - 1:00 pm Town Hall Council Chambers Location:

Fees: Free to Residents and Los Altos Senior Center

Members

\$10 for all others

**NEW!** 



ecycling begins at home. By placing materials in the correct collection containers, residents of Los Altos Hills are helping to make a huge impact on the Town's overall recycling rate. Once mixed recyclable materials are collected from homes and businesses, they are taken to a facility that is specifically designed to sort mixed materials into materials of like-type so they can be used to create new products. This tour will offer participants a first-hand look inside one of the most state-of-the-art Material Recovery Facilities (MRF) in the United States, where GreenWaste Recovery, Inc. takes the Town's garbage, recyclables and compostable materials for processing. This tour will demonstrate how garbage, recyclables and compostable materials are all sorted under the same roof, accomplishing incredibly high recycling rates, ultimately diverting more than 95% of recyclables and 75% of materials away from landfill.

Please note: A maximum of ten (10) participants and a minimum of five (5) are allowed on each tour. Headsets and safety gear will be provided. To register contact 650-947-2518 or sgualtieri@losaltoshills.ca.gov.

Summer Date: 6/17 Day: Friday

Time: 9:00 – 10:00 am

Age: 18 and up

Location: 575 Charles Street, San Jose Fee: Free for Los Altos Hills Residents

### **Need a Notary?**



Free notary service provided by town resident. Transfer of Property documents cannot be notarized. Appointments are required. Please reserve an appointment at least 3 days prior to notary date. Call 650-947-2506 or email kmalimban@losaltoshills.ca.gov to make an appointment.

Day: 2nd Wednesday each month

Time: 9:00 – 12:00 pm Location: Los Altos Hills Town Hall

### **Greentown Los Altos**

reenTown Los Altos is a grassroots non-profit organization of residents and businesses in Los Altos and Los Altos Hills, working to make our community more environmentally healthy for our children and grandchildren.

#### **World Water Monitoring Challenge**

Acterra and GreenTown Los Altos will lead volunteers in World Water Monitoring Challenge activities at Heritage Oaks Park in Los Altos. Come and learn how to take water samples, explore sources of water pollution and identify water bugs. More information is available at Acterra.org and greentownlosaltos.org.

Date: 5/7
Day: Saturday

Location: Heritage Oaks Park, Portland

Avenue & Miramonte Avenue

Los Altos

#### Permanente Creek Cleanup

GreenTown Los Altos needs volunteers for cleanup of Permanente Creek on National River Cleanup Day. Register at www.cleanacreek.org or check the GreenTown Los Altos website for more information. greentownlosaltos.org.

Date: 5/21 Day: Saturday

Location: Heritage Oaks Park, Portland

Avenue & Miramonte Avenue,

Los Altos

### ACTERRA PRESENTS Party for the Planet 2016

oin Acterra and celebrate Earth Day before anyone else does. Help Acterra engage the community in solution-oriented environmental action. The honoree of the event will be Peter Drekmeier. The event will feature organic & locally grown sustainable cuisine, a raffle and live action. Of course the night will close with live music and dancing. Tickets go on sale March 1st and start at \$150 per person. Proceeds benefit Acterra's acclaimed local environmental programs. For more information, contact Ariane Erickson at (650) 561-4711 or arianee@acterra.org. Also visit acterra.org/party for tickets and information.

Date: 4/21
Day: Thursday
Time: 6:00 pm

Location: Oshman Family Jewish

**Community Center** 

3921 Fabian Way, Palo Alto, CA

94303



### 13th Annual Hoppin' Hounds Easter Biscuit Hunt

t's the thirteenth annual Doggie Easter Biscuit Hunt in Los Altos Hills! You and your dog will hunt through Byrne Preserve in search of dog-healthy Easter Biscuits while catching up with all your canine companions. This exciting on-leash event is held to benefit the Palo Alto Animal Services shelter. A \$5 donation is recommended. All proceeds will go directly to Palo Alto Animal Services. For more information contact Sarah Gualtieri 650-947-2518 or sgualtieri@losaltoshills.ca.gov.

Date: 3/26 Day: Saturday

Time: 9:00 – 10:30 am
Location: Byrne Preserve
Donation: Suggested \$5

### Hoppin' Hounds benefits the Palo Alto Animal Services

Palo Alto Animal Services serves the residents of Los Altos Hills. In Los Altos Hills, Animal Control Officers pick up sick and injured animals, confined strays and assist local public safety officers with aggressive animals. Animal Control services are available 365 days/year. For more information please call 650-496-5971 or visit www.cityofpaloalto.org/depts/pol/animal\_services.asp.

Location: 3281 East Bayshore

Road, Palo Alto

Hours of operation: Monday – Saturday; 11:00 am – 5:30 pm

closed every other

Friday.

### **5th Annual Leadership Conference**

he Los Altos Hills Youth Commission is hosting its 5th annual Leadership Conference for Middle School and High School students determined to make a difference by getting involved in entrepreneurship. If you are interested, walk–ins are welcome, but RSVP is preferred. Please send RSVPs to lahyouthcommission@gmail.com.

Date: 3/6

Day: Sunday

Fee:

Time: 10:00 am – 1:00 pm Location: Hidden Villa, Dana Center 26870 Moody Road, LAH

Free



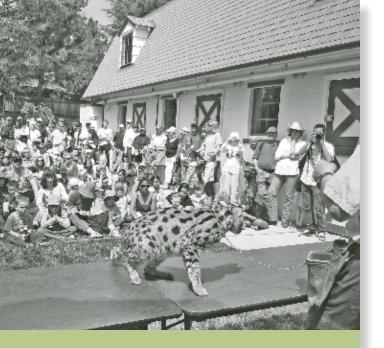
### **Easter Egg Hunt**

et your Easter basket ready for a friendly Easter egg hunt at Purissima Park. There will be separate hunting zones for different age groups; 11:30 am for children 0-5 and Noon for children 6-10. Over 5,000 eggs will be hidden ensuring a fun time for everyone. Eggs can be redeemed for prizes, snacks and goodies. Bring your own hard boiled eggs as decorations and dye kits will be available. It's a perfect opportunity to socialize with your neighbors so pack a picnic lunch.

Date: 3/26 Day: Saturday

Time: 11:00 am – 1:00 pm Location: Purissima Park

Fee: Free



## Earth Day Celebration

his year's Annual Earth Day Celebration will be held on Sunday, April 17. There will be a "Live Wild Cats" education presentation by Leopard's Etc. Presentations of the wild cats are scheduled for 1:30 pm and 3:00 pm. In addition to exhibits by Los Altos Hills Committees, local environmental organizations and school groups, electric cars will be on display. Bring cash or check for a green shopping experience. Los Altos Hills hats, lotion, seeds, wine glasses, produce and much more will be on sale. Reduce your carbon footprint and walk, bike or carpool and bring a reusable water bottle. Due to the Cat presentation please no dogs. For more information contact Sarah Gualtieri 650-947-2518 or sgualtieri@losaltoshills.ca.gov.

Date: 4/17 Day: Sunday

Time: 1:00 – 4:00 pm

Location: Westwind Community Barn

Fee: Free



### 15th Annual Los Altos Hills Pathways Run/Walk — BEE FRIENDLY!

ome out for the 15th Annual Los Altos Hills Pathways Run/Walk and explore and BEE FRIENDLY! This year we strive to promote a BEE FRIENDLY environment in Los Altos Hills and other communities. This is your chance to learn about the importance of bees and pollinators and how to BEE friendly to them and to your fellow runners. At this year's run you can buzz along the pathways with other folks and even take home a bee house to promote local pollinators.

BEE friendly and start Bzzzzzzzzzzzzzzzzzzz-ing with other LAH pathways runners on this year's annual Pathways event. BEE appropriately dressed for this year's run by wearing your favorite bee costume and antennas. Did you know you can run faster when chased by a friendly bee? (Bee Friendly t-shirt provided to all Run/Walk pre-registrants while supplies lasts).

This annual event begins at the Westwind Community Barn, runs through the Byrne Preserve and extends into the Los Altos Hills Pathways system. The run features a hilly and challenging 5K and 10K Pathways Run/Walk and a 1-Mile Fun Run. To register, volunteer or for more information contact Sarah Gualtieri 650-947-2518, sgualtieri@losaltoshills.ca.gov or visit the event website at www.lahpathwaysrun.org.

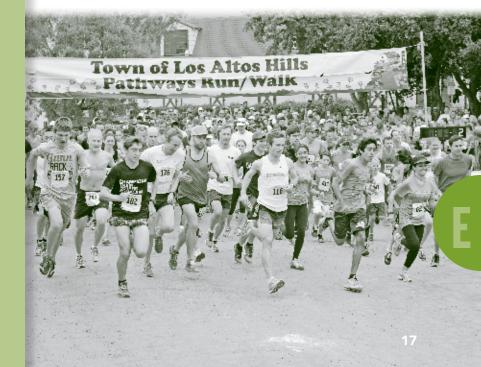
Date: 5/7
Day: Saturday
Time for 5K/10K: 9:00 am

Fees for 5K/10K: \$45 (\$50 on race day)

**Group Registrations** 

of 10 or more: \$35 per person Time for 1-Mile Fun Run: 10:30 am

Fees for 1-Mile Fun Run: \$30 (\$35 on race day)
Location: Westwind Community Barn



# 19th Annual Los Altos Hills Town Picnic



he Town Picnic features barbecue lunch served by our volunteers. Soft drinks, beer, wine and ice cream sundaes are provided, along with entertainment, games and a variety of attractions for both adults and children. This year will also mark the tenth year of the classic car show! The Town Picnic is organized by the Town's Community Relations Committee with help from many other volunteers. You can volunteer to help for half an hour or more at the picnic by calling 650-947-2518. Registration information will be mailed to all Town residents in May. Advance registration is required so we can order the correct number of dinners. The picnic is hosted by the Town of Los Altos Hills and is **limited to Town residents only.** 

Date: 6/5
Day: Sunday

Time: 1:00 – 4:30 pm Location: Purissima Park

Fee: Free for Los Altos Hills Residents





### 4th of July Parade

ome join us for the eighth annual Los Altos Hills 4th of July Parade. We will gather at Town Hall beginning at 9:30 am. Our red, white and blue march will start at 10:00 am. We will parade down Fremont Road and conclude at Gardner Bullis School where you can meet your friends and neighbors for a refreshing beverage and a juicy watermelon treat! Please, no fossil fueled vehicles or horses. For more information contact Sarah Gualtieri 650-947-2518 or sgualtieri@losaltoshills.ca.gov.

Date: 7/4 Day: Monday

Time: 9:30 – 11:00 am

Location: Town Hall Fee: Free

Be part of the magic and volunteer! Contact Sarah at 650-947-2518.

### PATHWAY SYSTEM

#### **Pathway System**

The Town of Los Altos Hills'
Pathway System was designed
to provide safe and convenient
non-vehicular travel throughout
the community. The system unites
neighbourhoods through a series of
90 miles of connecting paths.

Observing the 3 Cs – Common sense, Courtesy and Communication will make path usage pleasurable. Bicyclists should yield to horseback riders and pedestrians; pedestrians should yield to horseback riders. Pathways maps are available for \$3 at Town Hall.



### **Donor Wall**

he Town has opened Phase III of the Donor Wall. Make it a family affair and paint a tile or two. In the past others have gotten clever and painted a family tree, children's drawing, hand print, monogram, memorial tribute or family home. Create It Ceramics and Glass Studio has techniques you can use to create your one-of-a- kind tile. Tiles may be painted either at Create It Studio or Town Hall's Parks and Recreation Building. Please allow at least one hour to paint your tile. No appointment is necessary but for more update to date information and ideas visit www.createitceramics. com.

The new wall will be completed in four separate phases (III-IV). The proceeds will be designated for a specific purpose at a future date by the City Council. Once the capacity of the phase is complete they will be installed.

To purchase a tile or to learn more contact Sarah Gualtieri, 650-947-2518 or sgualtieri@losaltoshills.ca.gov.

#### **Create It! Ceramics and Glass Studio Hours**

Days: Mondays - Fridays
Times: 2:00 - 7:00 pm
Day: Saturdays

Times 10:00 am - 7:00 pm

Day: Sundays

Times 10:00 am – 6:00 pm
Location: Create It Ceramics and

Glass Studio in the Town and County Village

855 El Camino Real #108,

Palo Alto, CA 94301

Donation: 4 inch tile \$400

8 inch tile \$800



### **Los Altos Senior Center**

#### **Visit the Senior Center at**

Hillview Community Center 97 Hillview Avenue, Rooms 10 - 12 Los Altos, CA 94022 650-947-2797

#### Membership

City of Los Altos Residents: \$26 Non Los Altos Residents: \$40

Newsletter: \$5 The Spotlight Newsletter is your bi-monthly guide to all programs and events at the Los Altos Senior Center. For \$5 a year the

Newsletter will be mailed to your home.

Hours: Monday – Friday, 8:30 am – 3:30 pm

Website: www.losaltosrecreation.org

#### **Los Altos Library and Woodland Branch Library**

Discover, explore, and learn at your Library, for more information contact 650-948-7683 or visit http://www.sccl.org/losaltos.

Los Altos Library: 13 S. San Antonio Road, 650-948-7683

 $\begin{array}{ll} \mbox{Monday} - \mbox{Thursday:} & 10:00 \mbox{ am} - 9:00 \mbox{ pm} \\ \mbox{Friday} - \mbox{Saturday:} & 10:00 \mbox{ am} - 6:00 \mbox{ pm} \\ \mbox{Noon} - 6:00 \mbox{ pm} \end{array}$ 

Woodland Branch Library: 1975 Grant Road, 650-969-6030

Monday – Wednesday: 1:00 pm – 8:00 pm Thursday – Saturday: 11:00 am – 5:00 pm

Sunday: Closed

#### Los Altos/Los Altos Hills Chamber of Commerce

Location: 321 University Avenue, Los Altos

Phone: 650-948-1455 Fax: 650-948-6238

Email: info@losaltoschamber.org Website: www.losaltoschamber.org

Days: Monday – Friday

Hours: 9:00 am - Noon, 1:00 - 5:00 pm

### **Los Altos Hills Horseman's Association (LAHHA)**

LAHHA is a non-profit, membership supported organization that promotes equestrian activities and programs. Check out some of their coming events! For more information visit www.LAHHA.org, LAHHA Facebook page or contact lahhaevents@gmail.com.

3/19 LAHHA Trail Ride 4/10 LAHHA Trail Ride 5/1 LAHHA Playday

6/5 Pony Rides at the Town Picnic 6/25-6/26 Horse Camping at Jack Brooks

7/17 LAHHA Schooling Show 8/7 LAHHA Trail Ride 9/18 LAHHA Trail Ride

### **Westwind 4-H Riding**

orseback riding is one of the few activities that is truly physically and psychologically therapeutic. It requires the involvement of the whole body and utilizes every muscle and joint. Disabled children, ranging in age from 5 to 18, receive amazing benefits from participating in the Westwind 4-H Riding program at Westwind Barn. For more information about how to volunteer, or enroll your child, contact 650-947-8680 or www.westwind4h.org.

Spring Volunteer

Orientation: Saturday, March 26 at Noon

Dates: 3/28 - 6/13 no class 3/31, 4/4, 4/28, 5/30

Days: Mondays and Thursdays

Time: 4:00 – 5:00 pm

Location: Westwind Community Barn Fees: 150 per 10 week session

+ \$38 Annual 4-H fee for riders

Summer Volunteer

Orientation: Saturday, July 9 at Noon

Date: 7/11- 8/1
Day: Mondays
Time: 7:00 pm

Fees: \$60 per 4 week session

+ \$38 Annual 4-H fee for riders

### **Year Round Riding Program**

he Year Round Riding Program (YRRP) offers riding lessons geared towards the beginning through advanced riders. The program focuses on learning to maintain an independent, balanced seat, tactful communication between horse and rider, and correct equitation. Students will learn the fundamentals of riding. Students will be taught how to safely handle horses, proper grooming techniques, maintenance of tack and unique characteristics of the horse. It is the understanding of the basic knowledge combined with proper riding skills, skills that makes a true horse person. Safety helmets are required for all mounted work and can be provided. Participants must come neatly dressed in form-fitting pants (no shorts), boots with heels, and a shirt that covers the shoulders. Jewelry is not allowed. Hair must be pulled back and out of the rider's face. For more information please contact Victoria Dye Equestrian at 650-691-5276 or ridewithVDE@gmail.com.

Days: Tuesday – Sunday

Time: VDE works with your schedule

to customize a lesson

program

that works for you

Location: Westwind Community Barn

Ages: 6 and up

Private and Semi Private Lessons Group Lessons

Length30 minsLength60 minsClass Size1 to 2Class Size3 to 6

Fees:

Residents \$50 Residents with Own Horse \$40

Non-Residents \$60

Non-Residents with Own Horse \$50

#### **BOARDING AT WESTWIND COMMUNITY BARN**

Westwind Community Barn's boarders have access to the best amenities offered at any public facility on the Peninsula.

- 50' x 100' all-weather riding arena
- · 100' x 200' all-weather jumping arena
- 51' Eurofelt round pen
- Cross-country track and field with a bank, coops, fences and a log jump
- · Hot water wash racks
- Boarder tack rooms
- Lounge with fridge, microwave, TV and DVD player
- Connections to the Pathways System, with direct access to San Antonio, Arastradero and more

Boarding is open to the public and options include stalls, paddock and pasture. Additional services are available including 7-day blanket service, grain, trailer parking, free-choice hay nets and extra turnouts.

BOX STALL	PRIVATE PADDOCK	SHARED PADDOCK	FEEDING PASTURE
\$755/month	\$695/month	\$495/month	\$385/month
Three meals daily  – five flakes max of alfalfa or grass	Three meals daily  – five flakes max of alfalfa or grass	Three meals daily – five flake max of alfalfa or grass	Three meals daily, alfalfa for breakfast, grass for lunch and dinner
Cleaned twice daily	Cleaned once daily	Cleaned once daily	Two shelters measuring 14' x 14' with rocked bases
Choice of AM or PM Daily turnout, 8:30 – Noon or Noon – 4:30	Large shelter	Large shelter	Two water tubs cleaned weekly by staff
Automatic water and rubber mats in all stalls	One horse per paddock	Two horses per paddock	Pasture is dragged weekly remove arena

For more information call 310-880-2549. Barn details and rates subject to change.

### **REGISTRATION PAGE**

#### **REGISTER ONLINE AT WWW.LOSALTOSHILLS.CA.GOV**

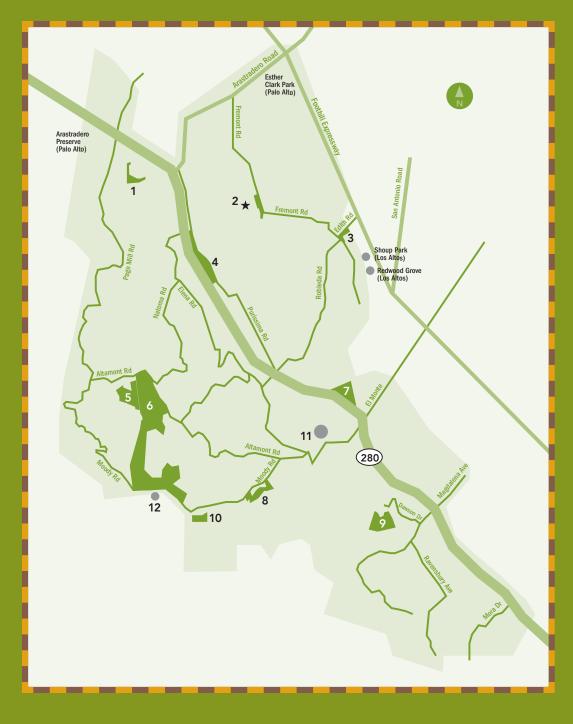
Participant First and Last	t Name	Age (if under 18)	Course/Activity	Fees
1				
2				
3				
BILLING CONTACT INFOR	MATION			
Name: Last		First	Email Address	
Address: City		State	e Zip	
Parent Name: Last		First		
Phone No: Home	Work	Cell		
Emergency Contact: Name		Phone	e	
negligence or carelessness, it assigns. It is understood and representatives, next of kin, smore, the significance of this addition, should the Town of of my and or my child's photo	might othe I agreed th spouse and release of Los Altos F graph to b	rwise be liable to me at this waiver, released d assigns. I have fully f liability and assump dills take photograph e used for program p		ouse or , personal . Further- IINOR. In to allow use
Signature:			Date:	
only be granted if vacated po will be added to all refunds re TO BE COMPLETED BY PA I have fully read this Agree	sition is fill equested b ARENT Of ement and	led. <b>No refunds will k</b> by the customer. R GUARDIAN OF N I fully understand it	ts content. Furthermore, the significance of this i	charge of 7%
liability and assumption of	risk agre	ement has been E	XPLAINED TO THE MINOR.	
			Date:	
Please indicate whether you a	are signing	; as:  Parent  Gua	ardian	
PAYMENT				
I hereby authorize the use	of my cre	edit card: 🗆 Masterd	card □ Visa	
Name as it appears on card:				
Card Number:			Exp Date:	
Signature:				
Note: All class fees are inclusive Please detach and remit payments			6379 Fremont Road, Los Altos Hills, CA 94022	

**Los Altos Hills Activity Guide**The Activity Guide is published with assistance from the Parks and Recreation Committee.

www.losaltoshills.ca.gov

**Photography:** Cover: Torie Dye, page 2, 15: town archives, page 3, 4, 7, 8, 12, 13, 14, 16, 17, 18: Sarah Gualtieri, page 5: Champa Sreenivas, page 6, 19: Krystel Malimban, page 9: Shoreline Lake, page 10: Santa Clara County Fire, page 13: Emilia Wysocka-Treder, page 17, Jitze Couperus, page 18: Amber Bowers, page 19: Los Altos Senior Center

**Design + Production: Alexander Atkins Design, Inc.** 



#### TOWN OF LOS ALTOS HILLS RECREATION FACILITIES AND OPEN SPACE PRESERVES

- Saddle Mountain Preserve Access by Pathway from Saddle Mountain Drive or Stirrup Way
- 2 Town Hall 26379 Fremont Road
- 3 Edith Park Fremont Road & Edith Avenue
- 4 Purissima Park, Town Riding Arena, and Dog Park 27400 Purissima Road
- 5 Westwind Community Barn 27210 Altamont Road
- 6 Byrne Preserve Black Mountain & Altamont Roads
- 7 O'Keefe Preserve O'Keefe Lane West of Dianne Drive
- 8 Rhus Ridge Preserve Rhus Ridge Drive & Moody Road
- 9 Juan Prado Mesa Preserve Access by Pathway from Dawson Drive
- **10 Murietta Ridge Open Space** South of Moody Road
- **11 Foothill College** 12345 El Monte
- 12 Hidden Villa 26870 Moody Road

#### **FIELD RENTAL**

Interested in reserving field space at Purissima Park? Contact 650-947-2518 or sgualtieri@losaltoshills.ca.gov for more information.

#### **LAH DOG PARK**

Location: Southwest corner of Elena and Purissima Roads (near Purissima Park) Hours: Sunrise to Sunset, Seven Days a Week